



AYSO Area 1/R

AYSO Extra Side-by Side Guidelines

1. Purpose

AYSO Area 1/R recognizes that some players wish to play soccer at a more competitive level while remaining part of the spirit, philosophy and organization of AYSO. This document establishes policies for the creation of an Extended Play program, also known as AYSO “Flex”. These teams will follow all the AYSO philosophies in accordance with the recommendations of the Extended Play Task Force (presented at the 2009 Section 1, 10, 11 meeting). The Area 1/R “Flex” program will use the AYSO Extra, Side-by Side model as defined by the Extended Play Task Force; “plays side-by-side with the standard primary program and does not require concurrent play in the primary program”.

2. Responsibilities

The Area Director shall appoint an Area 1/R Extra Commissioner and committee who will be responsible for coordinating the Extra Side-by-Side program for the Area. The Extra committee will be responsible for scheduling games and all other activities related to the Extra program. Each participating Region shall have a Regional Extra Coordinator who will be the primary point of contact between the Area Extra committee and the Extra Coaches within their Region and will also be responsible for all activities related to the Extra program at the Regional level. Each of the Regional Extra Coordinators will keep the Area Extra Commissioner informed of issues and successes so that lessons learned can be shared with all Regions. The Extra Commissioner will report at the monthly Area 1/R meeting.

Prior to the start of the Extra season, the Area Extra Commissioner will conduct a mandatory Extra Coaches Meeting. The coach and assistant coach from each Extra team must be present at this meeting.

3. Divisions

- 3.1. Extra teams shall only be formed in U10 and higher (older) divisions. Coed Extra teams are strongly discouraged due to a lack of viable competition.
- 3.2. To ensure eligibility for tournaments, Extra divisions shall strictly adhere to the July 31 age cutoff established by USSF, except where tournaments and leagues allow 8th grade waivers for U14 divisions. In such cases, 8th grade waivers shall be granted at the sole discretion of the Regional Commissioner for that player.

4. Teams

- 4.1. Regions must communicate their intention to participate in the Extra program by returning a Region Application, the appropriate registration fees and any other required documents by **DATE TBD**. Teams will not be registered in Extra until their entire completed application, fees and other documents are received.
- 4.2. eAYSO player rosters containing the original signature of the Regional Commissioner and Head Coach are to be submitted to the Extra staff at the Extra Coordinator’s Meeting. A

team may add a player to their roster or replace a dropped player (but not an injured or absent player) to bring the total number of players to the roster sizes stated below, at any time with the permission of both the respective Regional Commissioner and the Extra Commissioner. Roster changes are intended to be permanent player changes, not temporary changes.

If a roster change is desired, a revised eAYSO roster, with both the Head Coach's and the Regional Commissioner's signatures, must be submitted to the Extra Commissioner before the player enters a match. The new player must have a signed, pictured and laminated Player Registration Form before playing in a match. Players may only transfer between teams in the same Region with the permission of the respective Regional Commissioner and the Extra Commissioner. Such transfers should be very rare and will only be approved under the most unusual circumstances.

4.3. Teams shall only be formed if eligible coaches have been identified and approved.

4.4. Players shall be selected for Extra teams based on the player evaluations conducted at tryouts.

4.5. If more than one Extra team is formed in a given division, players shall be distributed evenly among each team based on evaluation scores obtained during tryouts.

4.6. Maximum roster sizes shall be limited as follows:

Under 10:	10 players	Play will be 7 v 7
Under 12:	12 players	Play will be 9 v 9
Under 14:	15 players	Play will be 11 v 11
Under 16 and 19:	18 players	Play will be 11 v 11

4.7. Each Extra team must provide at least one volunteer referee team to their Region. In return, the Regional Referee Administrator shall schedule officials for Extra team home games.

4.8. Extra teams shall purchase uniforms approved by their Region for use during matches and tournaments.

4.8.1. Extra teams are responsible for uniform costs.

4.8.2. Uniforms must display the AYSO logo and comply with all AYSO uniform requirements.

4.8.3. Each jersey must display a unique player number. Numbers may not be repeated.

4.8.4. Uniforms may not display the name of the player or team.

- 4.8.5. To prevent tournament disqualifications resulting from team color conflicts, Extra teams shall obtain and use home and away jerseys.

5. Players

To be eligible for participation on an Extra team a player must meet the following requirements:

- 5.1. The player must be a registered AYSO player before he or she participates in any Extra activity, including tryouts.
- 5.2. The player must complete tryouts and be evaluated by a panel of Extra coaches.
- 5.3. Players must participate on an Extra team matching their age and gender division unless an exception is granted by the Regional Commissioner for that player.
- 5.4. Players shall comply with all AYSO policies for player conduct and equipment.
- 5.5. Reserve players – Reserve players provide Extra teams with backups in the event that a primary roster member becomes unable to participate.
 - 5.5.1. Reserve players may practice with Extra teams, but they may not play in any matches or tournaments while in reserve status.
 - 5.5.2. If a primary roster member is replaced with a reserve player, the primary member must be removed from the roster and the reserve player is added to the roster as a player. The outgoing player may not be returned to the roster unless approved by the Regional Commissioner for that player.
 - 5.5.3. Reserve players may, but are not required to, purchase a team uniform. The reserve player must have a team uniform before being added to a roster.
 - 5.5.4. Reserve players must meet all other Extra player eligibility requirements, including tryout participation.

6. Player Identification

- 6.1. For identification purposes, all players must have their official AYSO Player Registration Form prepared in accordance with the attached “Player Registration Circular.” The team’s properly prepared Player Registration Forms must be presented for inspection at the Coach’s Meeting.
- 6.2. Players are eligible to play in a match (including the very first match of the season) ONLY if their signed, pictured and permanently laminated Player Registration Form is present at the match. Teams are urged to prepare more than one set of signed, pictured and fully laminated Player Registration Forms so several team representatives can each carry a set.
- 6.3. Before the start of each match, the team will present the referee with the properly completed AYSO Player Registration Forms for each player on the team. If the team is

unable to present properly completed Player Registration Forms for 7 players or more present at the match (5 players or more in for U10), then the match will not be played and a non-communicated forfeit will be declared in favor of the opposing team.

- 6.4. The referee team will use the properly completed Player Registration Forms to perform player identification prior to each player participating in the match. Once inspection of the Player Registration Forms is completed, they shall be immediately returned to the team and NOT retained by the referee.

7. Uniforms

- 7.1. Players shall wear official AYSO uniforms and all players on the same team shall wear the same uniforms. Items such as baseball caps and jewelry of any kind (earrings, studs, bracelets, rings, etc.) will not be allowed. A sole exception will be made for Medical ID bracelets which are safely taped onto the player's arm. The wearing of any headgear, caps or bandanas is prohibited. In all cases, the referee retains the ultimate authority to decide what is and is not safe and the appropriate uniform.
- 7.2. The HOME TEAM shall change to an alternate color jersey, or shall wear pennies of a distinctive color should the visiting team's uniform colors be indistinguishable from that of the home team. However, if the visiting team has an alternate color jersey, they should wear it to avoid a color conflict. The referee retains the ultimate authority to decide whether a color conflict exists.

8. Tryouts

- 8.1. All Extra players must attend and complete tryouts each year, which includes a player evaluation.
- 8.2. Tryouts shall be publicly advertised to all members within their Region. Tryouts shall be open to all registered players within a Region.
- 8.3. Tryouts shall be conducted by all Extra coaches and at least one Regional board member who is not an Extra coach. These persons shall constitute the Extra player selection panel. The panel shall consist of no fewer than three people, at least one of whom is a Regional board member.
- 8.4. Tryouts shall begin with a parent meeting which clearly explains the purpose and scope of the Extra program, as well as player and parent expectations for program participation and expenses.
- 8.5. The evaluation shall include clearly defined activities which measure each player's individual and team performance. Ratings criteria shall be based on measurable observations as well as performance evaluations made by experienced coaches.
- 8.6. Players shall be selected by the Tryout panel. Selections shall be made based solely on the findings of the evaluations.

- 8.6.1. Selected players shall be informed in a timely manner.
- 8.6.2. Non-selected players may be offered the opportunity to participate as reserve players. Each team's reserve player depth should be determined by the respective team's coaches, and reserve players should be selected based on their evaluation scores.
- 8.6.3. Selected players who do not wish to immediately commit to the Extra team due to financial or scheduling concerns may opt to participate as reserve players.

9. Match Length

- 9.1. As per Law 7, as modified by AYSO, the duration of each match shall be as follows (unless terminated early by the referee):
 - U10 2 halves of 25 minutes each
 - U12 2 halves of 30 minutes each
 - U14 2 halves of 35 minutes each
 - U16 2 halves of 40 minutes each
 - U19 2 halves of 45 minutes each
- 9.2. The home Region is responsible for matches beginning and ending on time to ensure all matches are played to full length. Matches that are tied after regulation time will be scored as a tie.
- 9.3. Matches shall begin within 15 minutes of the scheduled start time or field availability, whichever is later. Duration of the match will not be shortened if the match starts late. Failure to start the match within 15 minutes after the scheduled start time or field availability, whichever is later, must be reported to the Extra Commissioner or Scheduler within 24 hours of the scheduled match time if a possible forfeit is requested. A team sacrifices their right to request a "late start" forfeit if the match is played.
- 9.4. While a reasonable attempt will be made to schedule around school events (graduations and proms, SAT and PSAT tests, etc.) identified at the start of the season by the respective Regions, once the match schedule is published, matches will be rescheduled only under the most unusual circumstances. Additionally, matches will only be rescheduled with the express consent of the Extra Commissioner. Generally, matches will not be rescheduled unless the field unexpectedly becomes unavailable. Only under the rarest circumstances (for example, a team's participation in the Southern California Championship (Tri-Section) Tournament) will a match be rescheduled because a team desires to play in a tournament. Every effort will be made to reschedule matches that are cancelled due to inclement weather (in many cases this will result in the necessity for a team to play 2 matches on another date). If a match has been approved to be rescheduled (i.e. a rainout scenario) but there is insufficient time in the season to reschedule it, then it will be treated as a "No-Match" in the standings.

10. Coaches

To be eligible for coaching an Extra team a volunteer coach must meet the following requirements:

- 10.1. The coach and assistant coach must submit a current AYSO volunteer application.
- 10.2. The coach must be Safe Haven Certified and possess an AYSO Advanced Coach Certificate or better. The assistant coach must be Safe Haven Certified and possess an age appropriate AYSO Coach Certificate (i.e. U12 assistant coach must have completed the U12 Coaching Course, U14 assistant coach must have completed the Intermediate Coaching Course, U16-19 assistant coach must have completed the Advanced Coaching Course).
- 10.3. The coach must be approved by their Regional Board. Coaches and assistant coaches shall be reapproved by the Regional Board each year.
- 10.4. Extra coaches are encouraged to volunteer for the Regional Primary Program as a member of the Regional Coaching Staff, as a coach instructor, or in any another capacity.
- 10.5. Extra teams must have a coach and assistant coach, both of whom are registered and trained by the Region.
- 10.6. Coaches must comply with the spirit and letter of AYSO policy, even when participating in non-AYSO tournaments or games.
- 10.7. A Qualified Coach (defined as an adult that is Coach Safe Haven certified and trained as a coach) is required to be present with the team throughout the match. The official Extra coach's badge signed by the respective Regional Commissioner (or designee) and permanently laminated, is the Region's certification that the coach or assistant coach(es) is/are Qualified Coaches. Therefore, if at least one Qualified Coach, displaying their official Extra coach's badge, is not present throughout each Extra match, a Standings Point will be deducted (unless the match is a forfeit).
Note: the same badged coach or assistant coach need not be present for the entire match, as long as any Qualified Coach displaying an official coach's badge is present at all times throughout the match.
- 10.8. A forfeit will not be declared if a Qualified Coach is not displaying their official Extra badge, as long as they are, in fact, a Qualified Coach. However, if a Qualified Coach is not present at all times throughout the match, the match will be declared a forfeit against the team.
- 10.9. Each coach will conduct him/herself in a manner becoming of an AYSO official and will encourage clean competition and good sportsmanship. He/she will exhibit positive coaching and respect for referees and Extra officials at all times. Coaches are responsible for appropriate AYSO decorum of players, parents and spectators on their sidelines. Coaches SHALL NOT dissent calls by the Referee or Assistant Referees. Coaches shall actively encourage parents and spectators to exhibit similar respect/restraint. It is the coach's responsibility to monitor the behavior of his/her team's players and spectators and

to be proactive in promptly correcting behavior problems before or as they arise. This includes supporting any referee decision regarding play on the field (even if they privately disagree with the call or non-call) or poor behavior from any player, coach or spectator.

- 10.10. Coaching (giving technical advice to the players) during the match is restricted to one badged coach and one badged assistant coach. They must coach on their own side of the field, and remain within 10 yards of the half way line.

11. Referees

- 11.1. The diagonal system of control is the only permitted method of control for all Extra matches.
- 11.2. It will be the responsibility of the home Region to supply a team of three (3) “Qualified Referees” (see definition below) for each match. A team of Qualified Referees must be available within 15 minutes of the scheduled start time or the end of the preceding match, whichever is later. Failure to have three Qualified Referees for the entire match will result in the deduction of a Standings Point for the home team, regardless of the outcome of the match, unless a) the match is a forfeit by the home team, or b) the Qualified center Referee is injured during the match and is 1) replaced by one of the assistant referees (who may be a parent or relative of a player on the team) and 2) the original assistant referee is replaced by another referee that also is a Qualified Referee. As a demonstration of good sportsmanship, the visiting team should assist the home team with any available Qualified Referees on its team so that the match is played with a team of 3 Qualified Referees at all times.
- 11.3. U10 through U14 matches should not be played unless the center referee is a Qualified Referee. If the teams play without a Qualified center referee, it will be recorded as an unofficial scrimmage and a communicated forfeit by the home team (but see Note A below). With the center referee’s consent, U10 through U14 matches may be played without Qualified Referees to assist the center referee. Untrained parent(s) may fill the position of “club linesperson(s)” if it is deemed safe to do so by the center referee. A club linesperson must behave as a neutral person and may not cheer or give tactical advice during the match.
- 11.4. U16 and U19 matches will not be played unless 1) the center referee is a Qualified Referee and 2) one additional Qualified Referee is present to assist the center referee. If the center referee is the only Qualified Referee present for the match, the match will not be played unless both coaches and the center referee all expressly agree the match is safe to play. If the teams play without satisfying the conditions in the preceding two sentences, it will be recorded as an unofficial scrimmage and a communicated forfeit by the home team. A match will not be forfeited if the Center Referee is a Qualified Referee except they fail to meet points 5(A)(2)(b) or 5(A)(3)(b) regarding badge, shorts, socks or footwear, but a Referee Point will still be deducted.
- 11.5. Qualified Referees

11.5.1. The Center Referee:

- 11.5.1.1. For U10 through U14 matches, the Center Referee must be a) at least 16 years old, and b) a Regional Referee or higher badge.
- 11.5.1.2. For U16 and U19 matches, the Center Referee must be a) age 19 or older and at least two (2) years older than the players, b) an Intermediate Referee or higher, and c) approved in writing in advance by the Region's Referee Administrator (or designee) to referee the level of the match. A Center Referee may be approved by the RRA for some but not necessarily all U16 and U19 matches. For example, a referee could be approved for U16B, U16G and U19G matches, but not U19B matches.
- 11.5.1.3. For all age divisions, the Center Referee:
 - 11.5.1.3.1. May NOT be the Coach, Assistant Coach, parent or relative of a player on either team.
 - 11.5.1.3.2. Must be in proper uniform, including referee jersey, AYSO badge, shorts (or dark colored warm ups), referee socks and footwear. Dark colored warm-ups worn over the proper referee uniform are acceptable. Street clothes, sandals or bare feet are not acceptable.

11.6. The Assistant Referees (for all age divisions):

- 11.6.1. Must be a Regional Referee or higher.
 - 11.6.2. Must be 14 years or older and must be at least two 2 years older than any players in the match.
 - 11.6.3. May NOT be the coach of the team.
 - 11.6.4. May be the Assistant Coach or a parent or relative of a player on a team (as a courtesy, the opposing coach should be notified before the match, but he/she does not have the right of approval of the Assistant Referee).
 - 11.6.5. Must be in proper uniform, including referee jersey, AYSO badge, shorts (or dark colored warm ups), referee socks and footwear. Dark colored warm-ups worn over the proper referee uniform are acceptable. Street clothes, sandals or bare feet are not acceptable.
- 11.7. Match Misconduct Reports shall be completed for ALL cautions and send-offs involving any players, coaches and/or spectators. All persons shall be fully identified by name on the

Misconduct Reports. Coaches will be responsible for communicating the names of all individuals involved in misconduct to the referee for the referee's report.

- 11.8. AYSO PRO Referees (youth referees) have the fullest support of the Extra Staff. All other criteria and guidelines apply to the PRO referee. The Extra League will exercise "zero tolerance" with regard to dissent, abuse or other inappropriate behavior directed towards or in the presence of a PRO referee.

12. Substitutions

- 12.1. Substitution will be by the "quarter" system for Divisions U10, U12 and U14. For Divisions U16 and U19, all substitutions shall be made on the "1/8 system". "Free substitution" is not permitted.
- 12.2. Players must play a minimum of one-half of each match unless they are injured, ill, arrive after the start of the match, leave before the end of the match, or are sent off by the referee. In rare circumstances, players may be limited to less than one half of a match by their Regional Commissioner for disciplinary reasons. Some region's Regional Guidelines may have additional requirements (3/4 play, playing time as goalkeeper, etc.) that their teams must follow in addition to these Extra Guidelines.
- 12.3. Coaches failing to play all of their players for at least one-half of a match, without an authorized exception, are subject to a minimum of a one match suspension and the match may be declared a communicated forfeit against the team. The game card maintained by the referee shall be considered conclusive evidence of a player's playing time in a match. Coaches are responsible to have their players present themselves to the referee as they come in and out of the match at each substitution opportunity. Coaches are required to inspect the game card during or after the match to satisfy themselves the playing time for players is accurately recorded. The referee team shall have the primary responsibility for tracking substitutions on the game cards for all divisions.
- 12.4. With the referee's permission, a coach may temporarily remove a player who has been cautioned and "play short". The player may then return to the match at any time, with the permission of the referee.
- 12.5. Players in all divisions are permitted to play the entire match as goalkeepers, unless their respective Regional guidelines state otherwise.

13. Conduct

- 13.1. Coaches have the primary responsibility for their behavior and the behavior of their players, other coaches, parents and spectators on their side of the field. Players, parents and spectators will typically follow the type of behavior set by the coach.
- 13.2. The referee may issue cautions (yellow card) or send-offs (red card) before, during, or after the match to players or substitutes. The referee may also order unruly coaches, parents, and/or spectators to leave the "area of the match" (defined as at least 150 yards from the field). Coaches, parents and/or spectators who are ordered to leave the area of the match

must do so immediately and may not return, even after the match is over. Failure to immediately comply with a send-off or an order to leave the area of the match is possible grounds for termination of the match.

Players who are sent off must retire to the team area under the direct supervision of the coach and may not return to the field for the remainder of the game, neither immediately after the game nor during the post-game handshake. Any player who continues to be disruptive or returns to the field must be escorted away from the field by their parent or a Safe-Haven certified adult volunteer.

- 13.3. Players, coaches, parents and/or spectators receiving a send-off or an order to leave the area of the match may not attend or participate in the team's next scheduled Extra match that is actually played. If the team's next scheduled match turns out to be a non-played forfeit by either team, the suspension will carry over to the next Extra match that is actually played.
- 13.4. Any participant (player, coach or spectator) who has been reported as involved in violent conduct or fighting or spitting will typically be suspended for a minimum of two Extra matches. Any incident of violent conduct or fighting or spitting may carry additional disciplinary measures from the Extra League and/or the Region. Each case will be reviewed and handled on an individual basis.
- 13.5. A team allowing an ineligible player, coach or spectator to participate will forfeit all matches in which that player, coach or spectator was involved and may also forfeit participation in the Extra League and/or Tournament. If it is determined that a coach knowingly played an illegal player, he/she may be suspended immediately and subject to further discipline by the Extra Commissioner and/or their Region. Any matches in which an illegal player, coach or spectator participated will generally be recorded as a communicated forfeit to the opposing team, unless the opposing team won the match by a score greater than 1-0, in which case the match result will stand. In all cases, a total of three Standings Points will be deducted in the standings for each illegal player, coach or spectator who participated in each match. Additional Standings Points will not be deducted for the "communicated forfeit" in this situation.
- 13.6. Cautions (Yellow Card)
Each team's coach is responsible to record and monitor the cumulative total of cautions for each of the players during the season and Tournament. An accumulation of cautions by a player will have the following consequences:

A player who receives his/her third (3rd) cumulative caution will be ineligible to play in the team's next Extra match. Thereafter, the player will miss one Extra match for every two additional (5th, 7th, 9th, etc.) cumulative cautions received. For the purpose of calculating cumulative cautions, when a player receives two cautions in a single match, these are counted as a send off (red card), and do not count towards the cumulative cautions for the season. Cumulative cautions will carry over into the Extra Tournament and the same sanctions will continue to be in effect during the Tournament.

13.7. Send-Offs (Red Card) or Ejections

Each team's coach is responsible to record and monitor the cumulative total of send offs (red cards) (or ejections) for each of the players, coaches and spectators during the season and Tournament. An accumulation of red cards (or ejections) will have the following consequences:

Anyone who receives his/her second cumulative red card (or ejection) will be ineligible to play in or participate in or observe the team's next two (2) Extra matches. Thereafter, they will miss two (2) Extra matches for every one (1) additional cumulative red cards (or ejections) received. If a player receives a red card for violent behavior, that player will not be eligible to participate in play-off games.

13.8. Coaches that deliberately do not play a scheduled Extra match or pull their team from the field before the match has been completed may be suspended immediately and subject to further discipline by the Extra Commissioner and/or their Region. Such discipline may include, but is not limited to, suspension from the league for one or more games, the coach's or the team's disqualification from the Extra Tournament, and, for multiple incidents, the coach's or the Region's participation in future Extra Leagues. Any related match will be recorded as a forfeit by the coach's team, and three points may be deducted in the standings for each incident.

In all cases, the coach is required to submit a complete written report via e-mail to the Extra Commissioner and their Regional Commissioner within 24 hours of the match. Coaches that pull their teams off the field before the end of the match may appeal to an Extra Hearing Board 1) any suspension and/or 2) the recorded forfeit and deduction of Standings Points. The appealing coach has the burden of proof at any Hearing Board.

13.9. For all U19 Boys games, a Field Monitor is strongly recommended to be appointed by the home Region. The Field Monitor should not be directly affiliated with either team. The Field Monitor should introduce themselves to the coaches of both teams and the referee team prior to the start of the match.

13.10. Further discipline for violations of these Guidelines may include a longer suspension, a deduction of points in the team's standings or a ban from further participation in the Extra League and/or the Extra Tournament.

**WEAPONS WILL NOT BE ALLOWED IN THE VICINITY OF THE FIELDS.
WEAPONS WILL BE VIEWED AS VIOLENT MISCONDUCT IN THE MOST SERIOUS
SENSE AND ARE SUBJECT TO CRIMINAL PROSECUTION!**

14. Fields

14.1. Each Region shall provide regulation size fields. Fields for U10 play should be a maximum of 80 yards long by 40 yards wide. U10 goals should be a maximum of 7 feet high by 21 feet wide.

- 14.2. Fields must be properly equipped and marked (touchlines, goal lines, penalty area, goal area, corner arcs, halfway line, center circle, goals, nets, corner flags, etc.) prior to the start of the match.
- 14.3. It is the responsibility of the HOME REGION to provide a safe, playable regulation field (weather permitting). It is the home team's responsibility to mark and set up the entire field by the scheduled starting time of the match (and, if appropriate, to take down and clean up the entire field after the match). Visiting teams must clean up any loose trash along their entire side of the field after the match.
- 14.4. Visiting teams must be provided a reasonable warm-up area at least 30 minutes prior to the scheduled start of the match.
- 14.5. If a field should become unplayable due to changing weather conditions, please give the respective Regional Coordinator for the visiting team and Extra Scheduler at least 3 hours advance notice. During periods of inclement weather, coaches are strongly encouraged to check the home Region's "mud line" or web site to learn about reported field closures.
- 14.6. The HOME REGION will be on north or west side of the field. Teams and all related spectators must remain on their own side of the field.

15. Protests

- 15.1. There will be no protests of a referee's decision (including a referee's judgment calls or non-calls). Protests will only be allowed for the following suspected conditions:
 - Use of an illegal player
 - Violation of Extra Guidelines or AYSO Rules and Regulations
- 15.2. In the case of protest, the protesting team must a) present the protest in writing or e-mail to the Extra Commissioner, and b) include a \$100 deposit with the written protest, all prior to the team's next scheduled match. The Extra Commissioner will investigate as considered necessary, assign a hearing board (if considered necessary in his/her sole discretion), and administer the appropriate corrective action. The Extra Commissioner, in his/her sole discretion, may delay any discipline resulting from the action being protested, but unless the Extra Commissioner acts in writing to delay the discipline, the discipline must be completed as if the protest had been denied. The protesting party has the burden to prove their case with their protest claim. If the protest is not substantially upheld, the deposit will be forfeited to the Extra program.

16. Game Cards

- 16.1. All Extra teams will use the printable AYSO line-up cards that can be found on the AYSO web site at:

<http://www.aysohelp.org/forms/lineupcard.htm>

Only these official cards should be used in Extra matches. Each coach must fully complete their cards prior to the start of the match, including all of the team's player's names for that game in jersey number order. Names of players or coaches that are not eligible to participate in the match should either 1) not be listed on the game card or 2) be clearly lined through on the game card. Unless clearly lined through, a player's or coach's name on the game card will be considered as clear evidence that the player or coach participated in the match. The referee team will complete the cards with the results of the match, including a statement indicating whether the match had three Qualified Referees for the entire match (see #5 under Referee section). Coaches (or a team representative) are responsible to sign the game card after the match as the team's verification of the score, substitutions, Qualified Referees, yellow cards, red cards, ejections and all other information on the game card.

- 16.2. At the conclusion of the match, the referee team will submit the cards and any Misconduct Report to the Regional Coordinator. Each Region must establish internal procedures to ensure that the Regional Coordinator obtains the game cards and Misconduct Reports as soon as possible.
- 16.3. In the case of a non-communicated forfeit by one team, the game card for the team who showed up will be completed and a notation made in the Comments section regarding the full facts of the situation.

17. Match Results

- 17.1. Coaches must report their team's results following the conclusion of their match, no later than 12:00 Noon on each Monday. Teams will report match results through a special Extra web site. The team's match results must be reported regardless of whether the team was the home team or visiting team and whether the match was played or was a forfeit.
- 17.2. The team will earn one Standings Point for each match they accurately and completely report on a timely basis. The point can be earned whether the match result was a win, loss, tie or forfeit. In extreme cases, if the match is not reported by anyone on a timely basis, the Extra staff may declare the match a mutual 1-0 loss for both teams.
- 17.3. Regional Coordinators must monitor their Region's teams to ensure the match results are promptly and accurately reported. Match documentation, including game cards, misconduct reports and any other incident reports, must be collected by the Regional Coordinator by Sunday each week and mailed immediately on Monday to the Extra Statistician. Pre-addressed mailing envelopes will be provided to facilitate this process.
- 17.4. Any matches canceled due to weather or field conditions must be reported to the Extra Scheduler by the end of the day of the match.
- 17.5. Any challenge to the reported match score must be received by the Statistician within one week of the posting or the score may be considered final. For the final week's matches, a challenge to the posted score must be received by the Statistician within 24 hours of posting.

- 17.6. The Extra Commissioner will have the authority to determine the result of any abandoned or terminated game, including, but not limited to, replaying the game in its entirety, replaying the game from the point of abandonment or termination, determining the game as “final” at the point of abandonment or termination, or declaring the game a forfeit or a loss against one or both of the teams.

18. Standings

18.1. Team standings will be based on the following point structure:

- Win = 6 points
- Tie = 3 points
- Loss or forfeit = 0 points

18.1.1. Bonus Standings Points:

18.1.1.1. One point for each match (win, lose, tie or forfeit) if the team accurately, completely and timely reports match results as specified under “Match Results” above.

18.1.1.2. Maximum three points – Head Coach and Assistant Coach attend their Regional Coach’s Meeting, as follows:

18.1.1.2.1. Two points – Head Coach attends their Regional Coach’s Meeting with properly prepared Player Registration Forms, completed and signed roster, Coach ID badge, etc.

18.1.1.2.2. One point - Assistant Coach attends the meeting with their completed Coach ID badge, the team will earn one Standings Point (for a maximum of three Standings Points). In the absence of the head coach or the assistant coach (out of town, illness, etc.), a Regional Commissioner (RC) or Regional Coach Administrator (RCA) may represent the coach or assistant coach at the meeting, if, within 10 days of the last Coach’s Meeting, the RC or RCA documents a personal meeting with the absent head coach or assistant coach to discuss in detail the subjects and points discussed at the Coach’s Meeting. The RC or RCA must present the Player Registration Forms, team rosters, coach’s badges, etc. at the Regional Coach’s Meeting to earn the Standings Points for the team.

18.1.1.2.3. One point – Region Referee Administrator attends the Referee Administrator’s meeting in conjunction with

the Coach's Meeting with list of the Region's approved referees for U16 and U19 matches, etc. The list may be revised at later dates by communicating with the Extra staff.

18.1.2. Standing Points deductions:

- 18.1.2.1. Referee Points - a team of three Qualified Referees was not present for the entire match (see definition in Referee section) = 1 point deduction. If the Region has received approval from the Extra staff, the Region may assign Extra teams to provide a full set of Qualified Referees to another Extra match. If the team fails to fulfill its assignment, the referee standings point deduction will be assessed to the team assigned to provide the referee team for the match.
- 18.1.2.2. A properly badged head or assistant coach is not present for the match = 1 point deduction. Note: no deduction will be made if, at any time during the entire match, either a properly badged coach or assistant coach is present. The same badged person need not be present for the entire match.
- 18.1.2.3. Use or participation of an ineligible player, coach or spectator = 3 points deducted per ineligible person per match.
- 18.1.2.4. Other (for disciplinary purposes, etc.) = points may be deducted on an individual case by case basis.

18.1.3. Forfeits:

- 18.1.3.1. A forfeit will be recorded as a 1-0 win for the opposing team (unless the match is a mutual forfeit, when a loss (0 points) will be recorded for both teams). Furthermore, for the forfeiting team:
 - Communicated forfeit (see definition below) = 1 point deduction
 - Any other ("non-communicated") forfeit = 3 point deduction
- 18.1.3.2. A "communicated forfeit" requires a 48-hour notice prior to the scheduled match time. This notice must be in the form of a telephone call from the forfeiting team's Regional Coordinator to the opposing team's Regional Coordinator. A follow-up e-mail, also 48 or more hours prior to the scheduled start of the match, documenting the original telephone call must be sent by the forfeiting team's Regional Coordinator to the opposing team's Regional Coordinator with a copy to the Extra Statistician.

18.2. Ties in the standings will be resolved using the following tiebreakers, in sequence:

- 18.2.1. Head-to-head results (total wins and ties for the head-to-head matches), then
 - 18.2.2. Head-to-head results (total goals scored), then
 - 18.2.3. Fewest total goals allowed during the season, then
 - 18.2.4. Goal differential during the season (goals scored up to 5 per match less total goals allowed; highest differential advances), then
 - 18.2.5. Fewest total send-offs of players or coaches (counting each player and coach sent off or ejected), then
 - 18.2.6. Fewest total matches with ejections of spectators, then
 - 18.2.7. Fewest total cautions of players, then
 - 18.2.8. Coin toss.
- 18.3. In the case of a tie between three or more teams, tiebreakers 1 and 2 will only break a tie if all teams played each other the same number of times. Tiebreakers 3-8 will be applied to eliminate individual teams, even if other teams continue to be tied when applying any particular tiebreaker.
- 18.4. If a team drops out of the Extra program before their first scheduled match and the schedule cannot be revised, the team's matches will be treated as a "No-Match" for scoring purposes and their opponents will receive a BYE. If a team drops out after playing their first match, the remaining matches will be treated as communicated forfeits and their opponents will be awarded a forfeit score.

19. Expenses

The Extra program shall be financially self-sustaining. Participants will pay for all costs related to Extra play, including uniforms, travel, tournament fees, and league fees. Extra participants shall comply with all AYSO accounting and reporting requirements.

To defray program costs, Extra teams and participants may conduct fundraiser activities at the discretion of the Regional Commissioner.

20. Fees

See the attached 2009 Extra Team Fees for the-team registration fees. Only checks from a Regional checking account will be accepted (do not mail cash or personal checks). Checks should be made payable to "AYSO Area 1R Extra". If possible, please send one check per Region.

21. Awards

Players and coaches will receive a commemorative t-shirts, pins and medals for participating in Extra. Division champions for the season will receive medals.

Generally, additional medals will be presented to teams finishing in first through fourth place in the Extra Tournament.

22. Extra Tournament

At the end of the season, the top teams in each division will be invited to the Extra Tournament. The tournament format will vary depending on the number of advancing teams, with a target of approximately 50% of the teams in a division advancing, up to a maximum of 8 advancing teams. Where only two teams advance, there will only be a finals match. Where four teams advance, there will only be semifinals and championship/consolation finals matches. Where eight teams advance, the tournament will be structured as a 2-day tournament, with pool play, semi-finals and championship/consolation finals. The schedule, rules and format for the Extra Tournament will be announced by mid-May.

To participate in the Extra Tournament, the team (or their Region, on behalf of the team) will be required to a) supply a three person qualified referee team and b) pay a \$150 referee deposit by May 16, 2009. If these steps are not completed by a specified date prior to the first Tournament match, the next placed team may be invited to participate in the Extra Tournament. A team's referee deposit will be returned within 2 weeks after the tournament if the team's referee assignments are fully completed.

23. Interpretation of these Guidelines

- 23.1. The Extra Commissioner and staff have the responsibility to a) interpret these Guidelines as necessary and b) apply, in their discretion, the spirit of the Guidelines to situations that may not be addressed herein. AYSO National Rules & Regulations shall apply throughout the Extra season. The decisions of the Extra staff may be reviewed by the Extra Commissioner. In all cases, the decision of the Extra Commissioner is final. The Extra staff, including the Extra Commissioner, may delegate any and all of their authority under these guidelines to another person(s). The Extra League is sponsored by Area 1R, so the Area 1R Director will be an advisor to the Extra Commissioner and staff on the application of these Guidelines, Section One Rules and Regulations, Area 1R Guidelines and the AYSO National Rules & Regulations.
- 23.2. Extra coaches are encouraged to route all questions, requests, etc through their Regional Coordinators.
- 23.3. The Extra Commissioner may limit or prohibit the participation of any player, coach, spectator, referee or team from the League or the Tournament if their conduct so warrants.